



# OKIDOKI KIDZ MENU

## BREAKFAST

Oats or Maize Porridge

## TEA TIME

Parents supply Nutritional Snacks

## LUNCH

### MONDAY

Macaroni and Cheese with Bacon

### TUESDAY

Chicken Stew with Carrots and Potatoes on rice

### WEDNESDAY

Hotdogs or Hamburgers

### THURSDAY

Spaghetti (or Rice) with Mince and Mixed Vegetables

### FRIDAY

Fish Fingers / Small Pie / Chicken pops with chips or salad.

## AFTERNOON TEA

Parents supply Sandwiches with Fruit

